EPILEPSY FOUNDATION | NORTHEASTERN NEW YORK

YOUNG ADULT Support Group

Join us to learn, grow, and find understanding among peers who truly understand living with epilepsy.



Thursday, November 5th | 6 PM - 7 PM
Virtual Via Zoom
November meeting discussion theme:

Practical Supports for Memory and Thinking Changes

Facilitated by Dr. Christina Wong

You're not alone on this journey. Our monthly virtual support group for young adults (ages 18–30) offers a safe space to connect, share experiences, discuss important topics, and speak with neurologists across Northeastern New York!

This support group is presented in collaboration with:

WMC Health
Westchester Medical Center Health Network

NEW YORK MEDICAL COLLEGE
A MEMBER OF TOURO UNIVERSITY

Register by scanning the QR code!

Registration is FREE & required.

CONNECT WITH US

(518) 456-7501 EFNENY.ORG @EFNENY

If you have any questions or would like more information, please contact Rachel Ifebuzo via email at rifebuzo@epilepsyneny.org