



**Maria Fareri
Children's Hospital**
Westchester Medical Center Health Network

R E G I S T E R N O W

22nd Annual Hudson Valley Regional Perinatal Public Health Conference

Access to Optimal Perinatal Health: Implementation Science, Disaster Planning, and Mental Health

Friday, November 20, 2026 | 8:00 a.m. – 1:00 p.m.

Lunch: 1:00 – 1:30 p.m.

Westchester Medical Center, Taylor Care Pavilion Conference Center
100 Woods Road, Valhalla, NY 10595

Overview: The focus of the conference is to educate attendees regarding the life course perspective/preconception health in an eco-bio-developmental context highlighting social factors, perinatal disaster planning, enhancing perinatal quality and safety, and regional insights.

Target Audience: Physicians, nurses, social workers, community organizers, educators, human service providers, community health workers, child care providers, community leaders, businesses and consumers from the seven county Hudson Valley, NY region, Westchester, Rockland, Putnam, Dutchess, Orange, Sullivan and Ulster.

Course Directors:

Heather Brumberg, MD, MPH, FAAP

Professor of Pediatrics & Clinical Public Health, New York Medical College
Associate Director, Regional Perinatal Center, Maria Fareri Children's Hospital,
Westchester Medical Center Health Network
Neonatologist, Boston Children's Health Physicians

Laura Achkar, MS, ELI-MP

Executive Director, Lower Hudson Valley Perinatal Network
Executive Director Children's Health and Research Foundation, Inc.

Jennifer Lansiquot, MPH, CLC

Executive Director, Maternal Infant Services Network

Continuing education credits have been applied for.



Registration Link:

<https://www.hudsonvalleychrf.org/event-details/22nd-annual-hudson-valley-regional-perinatal-public-health-conference>

Perinatal Congenital Heart Disease Screening in 2026: Outcomes and Emerging Challenges

Jeff Vergales, MD, MS, MBA Chief, Pediatric Cardiology, Boston Children's Health Physicians | **Michael H Gewitz,** Chief of Pediatric Cardiology, Westchester Medical Center

Closing the Gap Between What We Know and What We Do: Implementation Science to Improve Maternal Health Equity

Meghan Lane-Fall, MD, MSHP, FCCM | E. M. Papper Professor and Chair of Anesthesiology, Vagelos College of Physicians and Surgeons, Columbia University in the City of New York, Anesthesiologist-in-Chief, NewYork-Presbyterian/Columbia University Irving Medical Center

Panel – Mental Health and Addiction

Michael Orth, MSW, Commissioner at Westchester County Department of Community Mental Health | **Angela Silber, MD, MBA,** Division and Network Chief, Maternal-Fetal Medicine, Obstetrics and Gynecology, Westchester Health, Medical Director, Labor and Delivery, Westchester Medical Center | **Agathe C. Pierre-Louis, PsyD., M.S., M.Ed.,** Chief Officer at Embrace Therapy, private practice. Clinical Instructor at NYU, Mercy University. Adjunct Professor at Oakwood University.

Nowhere to Go: Maternity Care Deserts Across the US

Darcy Dreyer, Director, Maternal Infant Health Initiatives, March of Dimes

Perinatal Disaster Planning: Life Begins Even In The Hardest Times

Mark Cicero, MD, FAAP, FAEMS, Professor of Pediatrics and Emergency Medicine

Born at 23 Weeks: What My Life Teaches Us About Disability, Bias, and Better Healthcare

Shawna May, Former Westchester Medical Center NICU Patient and Disability Advocate, Speaker, and Founder & Co-Host, Life Beyond The Mic

State of the Region

Angela Silber, MD, MBA, Division and Network Chief, Maternal Infant Medicine, Center for Women's Health Equity
Edmund F. La Gamma, MD, FAAP, Chief, Division of Newborn Medicine, MFCH – NYMC, E.F. La Gamma, MD, Endowed Chair in Neonatal Medicine, Director, Neonatal-Perinatal Fellowship Training Program, Professor of Pediatrics and Cell & Molecular Physiology, Member, Governing Council, Boston Children's Health Physicians

Post-Conference Perinatal Simulation Event. Separate registration is required.

Friday, November 20, 2026, 1-5 p.m. (1-1:30 p.m. Lunch)

A multi-disciplinary event where attendees will receive hands-on training (including point-of-care ultrasound) in real-life situations.

Registration Link:

<https://www.hudsonvalleychrf.org/event-details/perinatal-simulation-event-labor-and-delivery-and-neonatal-scenarios>



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Series Objectives:

- Review best practice for congenital heart disease screening and what steps to take when abnormal results are identified
- Define Implementation Science and discuss how it can be applied in obstetrics to promote maternal health equity
- Define maternity care desert and identify specific strategies to support pregnant persons such as telemedicine in the settings of low resources
- Identify local resources for providers caring for birthing persons with mental health and addiction diagnosis

Credit Designation:

The New York Medical College designates this live activity for a maximum of 5 AAMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Event Disclosures:

Speakers: Mark Cicero, MD, FAAP, FAEMS, Allen Dozor, MD, Darcy Dreyer, Edmund La Gamma, MD, FAAP, Melanie Leong, MD, MS, FAAP, IBCLC, Alina Livshits Tvina, MD, Shawna May, Michael Orth, MSW, Agathe C. Pierre-Louis, PsyD, M.S., M.Ed., Erika Rosenzweig, MD, Brittany Sanford, MD, Angela Silber, MD, MBA, Jeffrey Vergales, MD, Phyllis Yezzo, DNP, RN, CHQ, Diana D'Agrosa, MSN, RNC-NIC, C-ELBW, Ellen Dombrowski, DNP, FNP-BC, MSN, RN, Shahajahan Kadage, MD, Natalie Morales, MSN, RN, C-EFM, RNC-OB, IBCLC, Laura Perretta, MD, FAAP, Alexandra Pickard, MSN, RN, Amanda Scalo, BSN, RN, Anita Ware, Do, FAAP, IBCLC and Zachary Winthrop, MD have no financial relationship(s) with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients to disclose. Meghan Lane-Fall, MD has declared financial relationships with Janssen Pharmaceuticals and Medtronic. All financial relationships that were found to be relevant have been mitigated.

Commercial Support:

This activity is not commercially supported.

Accreditation Statement:

New York Medical College is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Questions: Please contact Ellen Dombrowski, Regional Perinatal Center Coordinator, 914.493.8590, ellen.dombrowski@wmchealth.org or Christine Janeczko, 914.493.8309, christine.janeczko@wmchealth.org

Conference Partners:

