

ONCOLOGY SUPPORT

Programs

SUPPORT. CONNECTION. STRENGTH. HERE FOR YOU.

Our ongoing support groups offer a safe and welcoming space to connect, share and find support with others who understand.



Young Women's Cancer Support Group

For women, ages 55 and younger, sharing cancer's common to young women with cancer.



Men's Cancer Support Group

A supportive, confidential setting for men diagnosed with any type of cancer.



Women's Cancer Support & Knitting Group

Share common concerns and learn about living with cancer.



Caregivers' Support Group

Mutual support for the unique challenges of caring for a loved one with cancer.



Linda Young Ovarian Cancer Support Group

An informative and supportive setting for women diagnosed with ovarian cancer at any stage.



Living with Advanced Cancer

Connect, share coping strategies and explore ways to find meaning and purpose.



Ostomy Support Group

Share experiences and learn from others living with an ostomy.

NEW PROGRAMS



Creative Arts Group

NEW!

Making art can help you express yourself, relax, connect and just feel better. Basic tips, easy lessons and something from the materials provided.



Medical Qigong

NEW!

Learn simply yet powerful qigong exercises based on traditional Chinese healing practices to improve your health and sense of well-being.

For more information or to join a group,

 please call **845.339.2071**

 or email **oncology.support@wmchealth.org**

Together, we find strength and hope. 