



**AUTHORIZATION TO DISCLOSE PSYCHOTHERAPY NOTES**

(Issued 03/25) ( \_\_\_ Revised or \_\_\_ Reviewed) Page 1 of 1

Patient Name: \_\_\_\_\_ Medical Record # (If known): \_\_\_\_\_  
 Name at time of Treatment (If different): \_\_\_\_\_ Email: \_\_\_\_\_  
 Patient Address: \_\_\_\_\_ City/ State: \_\_\_\_\_ Tele: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Zip Code: \_\_\_\_\_

I authorize MHRH of Westchester Medical Center to disclose the above named individual 's Health Information as follows:

Name and address of person(s) to whom this information is to be sent:

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Other or alternative contact Information: \_\_\_\_\_

Description of Information to be disclosed: **Psychotherapy Notes**

Purpose of Disclosure: \_\_\_ Continuing Care \_\_\_ Insurance \_\_\_ Legal \_\_\_ Self \_\_\_ Other \_\_\_\_\_

This authorization will expire one year from the date on which it was signed if no expiration date or event is indicated:  
 (Please note desired expiration date or event, if any) \_\_\_\_\_

1. If I am authorizing the release of HIV- related, alcohol or drug treatment, or mental health treatment information, the recipient is prohibited from re-disclosing such information without my authorization unless permitted to do so under federal or state law.  
 I understand that I have the right to request a list of people who may receive or use my HIV-related information without authorization. If I experience discrimination because of the release or disclosure of HIV Information, I may contact the New York State Division of Human Rights at (212) 480-2493 or the New York City Commission of Human Rights at(212) 306-7450.
2. I understand that any disclosure/release is bound by Title 42 if the Code of Federal Regulations governing the confidentiality of alcohol and drug abuse patients records, as well as the Health Insurance Portability and Accountability Act of 1996 (HIPAA) 45C.F.R pts 160 & 164; and re-disclosure of the information to a party other than one designated above is forbidden without written authorization on my part.
3. Westchester Medical Center does not condition treatment or payment on your signing this authorization.
4. The information disclosed under this authorization may be re-disclosed by the recipient and may no longer be protected.
5. I understand that I have a right to revoke this authorization at any time, except to the extent that Westchester Medical Center has already acted in reliance on it. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to the Health Information Management Department of Mid- Hudson Regional Hospital, at 241 North Rd, Poughkeepsie, New York 12601 Phone: 845-431-8150/8152 Fax: 845-483-5099

I have read this form and all of my questions have been answered to my satisfaction. By signing this form, I acknowledge that I have read and accept all of the above.

\_\_\_\_\_  
 Patient Signature

\_\_\_\_\_  
 Date

For child: I hereby declare that I am the natural, or adoptive parent or a legal guardian of the above named child and there is no court order restricting or prohibiting my access to the indicated records:

Other Legal Representatives must attach copy of health care proxy, power of attorney, will & testament or other documentation:

Indicate Relationship to Patient: \_\_\_\_\_

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Print Name

\_\_\_\_\_  
 Date