

#### **Younger Women's Cancer Support Group**

Dates: Oct. 27, Nov. 24, Dec. 22 Time: 5:30 – 7 p.m. (In-person & virtual)

Facilitated by Marina Krupp, LMSW

Share concerns common to young women with cancer: body image, managing work, sexuality and intimacy, relationships, fertility, talking to children about cancer. For women, age 55 and younger, with any type of cancer.

#### **Men's Cancer Support Group**

Dates: Oct. 2, Nov. 6, Dec. 4 Time: 6 – 7 p.m. (Virtual)

Facilitated by Kevin Whitley, LMSW and

Robert Leiner, MHC-LP

A supportive, confidential setting for men who have been diagnosed with any type of cancer.

# **Women's Cancer Support Group**

Dates: Oct. 8, Nov. 12, Dec. 10

Time: 12 – 1:30 p.m. (In-person & virtual)

Facilitated by Marina Krupp, LMSW

Share common concerns and learn about living with cancer during and after treatment. For women of any age, at any stage, with any kind of cancer.

# **Caregivers' Support Group**

Dates: Oct. 20, Nov. 17, Dec. 15 Time: 6 – 7:30 p.m. (Virtual)

Facilitated by Cynthia Kamajian-Duncan, MSW, LCSW

Mutual support for the unique challenges of caring for a loved one with cancer.

#### **Linda Young Ovarian Cancer Support Group**

Dates: Oct. 29, Nov. 26 <u>Time: 5:30 - 7 p.m.</u> (Virtual)

Facilitated by Jami L. Hansel, LCSW

An informative and supportive setting for women diagnosed with ovarian cancer at any stage.

# **Living with Advanced Cancer**

Dates: Oct. 13, Nov. 10, Dec. 8

Time: 1 – 2:30 p.m. (In-person & virtual)

Facilitated by Marina Krupp, LMSW

A group for individuals with advanced stage or recurrent cancer who wish to connect, share coping strategies and explore ways to find meaning and purpose in light of a life-altering diagnosis.

# **Ostomy Support Group**

Dates: Oct. 14, Nov. 11, Dec. 9 Time: 4 – 5 p.m. (In-person)

Facilitated by Barbara Peterson, RN, CWOCN, Certified Wound Ostomy Continence Nurse

Do you have questions that you would like answered by a nurse who specializes in wound-healing and ostomy support? Would you like to share experiences and learn from others in order to maintain or improve your quality of life while living with an ostomy? You are welcome to join this informative and supportive group.