

# Pre-Procedural Testing (PPT)

Department of Anesthesiology



**Westchester Medical Center**

Westchester Medical Center Health Network

## Areas of Optimization

 <b>Anemia</b>	 <b>Exercise Tolerance</b>	
 <b>Diabetes</b>	 <b>Coagulation and Bleeding Risk</b>	 <b>Coordinating Complex Care Team</b>
 <b>Malnutrition</b>	 <b>Frailty/Pre-hab</b>	 <b>Perioperative Brain Health</b>
 <b>Complex Pain and Catastrophizing</b>	 <b>Expectation Management</b>	 <b>Smoking Cessation</b>
 <b>Obstructive Sleep Apnea</b>	 <b>Caregiver Support</b>	

## PPT Goals

 <b>Standardized Care</b>	 <b>Increase Bed Capacity/OR Utilization</b>
 <b>Reduce Unnecessary Testing and Consultations</b>	 <b>Improved Communications</b>
 <b>Blood Conservation</b>	 <b>Reduce Day of Surgery Delays and Cancellations</b>
 <b>Reduce Readmission</b>	 <b>Enhanced Recovery</b>
 <b>Event-free Admissions</b>	

### Pre- Procedural Testing

1st Floor Ambulatory Care Pavilion  
Westchester Medical Center  
100 Woods Road, Valhalla, NY 10595  
Phone: 914.493.8105

# Pre-Procedural Testing (PPT) Roadmap

Department of Anesthesiology

Surgeon  
Schedules  
Case, PPT Visit  
and COVID Test



PPT Nursing  
Pre-op  
Phone Call



## PPT Visit – 5-10 days before surgery

- ✓ Medical screening for surgical risk
- ✓ Optimization of pre-existing conditions
- ✓ EKG
- ✓ CXR
- ✓ Blood work
- ✓ Screening for additional consultation
- ✓ Communication with surgeon
- ✓ Nursing assessment
- ✓ History and physical
- ✓ Anesthesiology pre-evaluation

✓ **Expect  
1-2 hour  
appointment**



Pre-op COVID  
Test  
maximum  
five days before  
surgery



Day of  
Surgery  
surgical  
procedure



Recovery/  
Discharge



# Pre-Procedural Testing (PPT) Appointment Information

Department of Anesthesiology

Surgery Date:

Surgeon:

Pre-Operative Testing  
Appointment Date:

Time:

Your PPT appointment should be scheduled 5-10 days before your surgery date.

Please arrive at least 10 minutes ahead of your appointment.

**Location for PPT Appointment:**

Westchester Medical Center  
Pre-procedure Testing - Ambulatory Care Pavilion  
1st Floor  
100 Woods Road, Valhalla, NY 10595

*For directions in Waze/Google:*

**Pre-procedure Testing - Ambulatory Care Pavilion**

**Please Note: Covid-19 testing is done at a separate appointment & location**

Covid-19 Test Date:

**Location for Covid -19 Testing at WMC:**

Testing Tent at 49 Emergency Drive, Valhalla, NY 10595

**Please Bring**

- Prior medical records (examples: physical exam, lab work, EKG, X-Ray)
- Names and phone numbers of your doctors
- Current medication list

**You do NOT need to fast for the PPT visit.**

**You DO need to fast before surgery.**

*Specific instructions will be provided at PPT visit.*

**Please Expect:**

- 1-2 hour visit
- A thorough pre-operative/pre-anesthesia risk assessment
- Questions for the Anesthesiologist

**You may also have:**

- Blood draw, EKG, Chest X-Ray and/or recommendations for additional consultation

**You may receive an initial phone call from one of our Nurses prior to your PPT visit.**

- We will provide instructions and address any questions regarding the preparation for your surgery.