Areas of Optimization

- Anemia
- Exercise Tolerance
- Coagulation and Bleeding Risk
- Coordinating Complex Care Team
- Perioperative Brain Health
- Frailty/Pre-hab
- Expectation Management
- Smoking Cessation
- Caregiver Support

PPT Goals

- Standardized Care
- Increase Bed Capacity/OR Utilization
- Reduce Unnecessary Testing and Consultations
- Improved Communications
- Blood Conservation
- Reduce Day of Surgery Delays and Cancellations
- Reduce Readmission
- Enhanced Recovery
- Event-free Admissions

Pre-Procedural Testing (PPT)
Department of Anesthesiology

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Pre-Procedural Testing
1st Floor Ambulatory Care Pavilion
Westchester Medical Center
100 Woods Road, Valhalla, NY 10595
Phone: 914.493.8105

20-2370 9/20
Pre-Procedural Testing (PPT) Roadmap

Department of Anesthesiology

Surgeon Schedules Case, PPT Visit and COVID Test

PPT Nursing Pre-op Phone Call

PPT Visit – 5-10 days before surgery
- Medical screening for surgical risk
- Optimalization of pre-existing conditions
- EKG
- CXR
- Blood work
- Screening for additional consultation
- Communication with surgeon
- Nursing assessment
- History and physical
- Anesthesiology pre-evaluation
- Expect 1-2 hour appointment

Pre-op COVID Test maximum five days before surgery

Day of Surgery surgical procedure

Recovery/Discharge
Please Bring
- Prior medical records (examples: physical exam, lab work, EKG, X-Ray)
- Names and phone numbers of your doctors
- Current medication list

You do NOT need to fast for the PPT visit.

You DO need to fast before surgery.
Specific instructions will be provided at PPT visit.

Please Expect:
- 1-2 hour visit
- A thorough pre-operative/pre-anesthesia risk assessment
- Questions for the Anesthesiologist

You may also have:
- Blood draw, EKG, Chest X-Ray and/or recommendations for additional consultation

You may receive an initial phone call from one of our Nurses prior to your PPT visit.

Please Note: Covid-19 testing is done at a separate appointment & location

Location for Covid-19 Testing at WMC:
Testing Tent at 49 Emergency Drive, Valhalla, NY 10595